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|----|--------------------------------------|---|-------------------------|
| 1  | Begin Tai Chi                        | > | Tai Chi Tzen            |
| 2  | Bird opens its wings                 | > | Ta Pun Zen              |
| 3  | Point the way                        | > | Shen Jen Zu             |
| 4  | Circle around the moon               | > | Sun Won Hew Tao         |
| 5  | Sword in right hand                  | > | Hoh Tzen Shuen          |
| 6  | Point to the sun                     | > | Cheung Leong To Shway   |
| 7  | Dragon out of the water              | > | Chin Long to Shway      |
| 8  | Slice left to right (Forward)        | > | Joae Yhe Long Sow       |
| 9  | Slice left to right (Backwards)      | > | Joae Yhe Long Sow       |
| 10 | Raise the sword to the stars         | > | Bah Quie Shin           |
| 11 | Shoot the goose                      | > | Sher Yenn Sluen         |
| 12 | Find snakes in the grass             | > | Poa Tsoa Shen Soa       |
| 13 | Clever cat catches the mouse         | > | Ming Mog Pu Su          |
| 14 | Dragonfly lays its eggs (On surface) | > | Chin Tien Do Suey       |
| 15 | Bee leaves to come home              | > | Huang Fong Dru Jong     |
| 16 | Boy pays respects to his god         | > | Tong Ju Pia Fow         |
| 17 | Left to right twister typhoon        | > | Yieu Shien Fong         |
| 18 | Point to small star                  | > | Shioa Quea Shien        |
| 19 | Left right, Left right               | > | Juan Chen Fong          |
| 20 | Wait to catch the fish               | > | Qong Jeu Sheu           |
| 21 | Black dragon sways his tail          | > | Wu Long Pui Wei         |
| 22 | Swallow comes back to nest           | > | Wien Ju Qui Tsaou       |
| 23 | Water lilly opens in wind            | > | Fung Jong Hoq Yie       |
| 24 | Lion shakes his head                 | > | Su Ju Yoia Tow          |
| 25 | Tiger holds his head                 | > | Hu Pao Tow              |
| 26 | Wild horse jumps over valley         | > | Yeit Ma Taiou Chen      |
| 27 | Grab the horses mane                 | > | Fung Sun Low Ma         |
| 28 | One step forward (To find compass)   | > | Sun Pun Ju Nun Jong     |
| 29 | Old Daoist sweeps the floor          | > | Yin Fon Fow Sheng       |
| 30 | Sword points (to three directions)   | > | Sun Chen Ju Dong        |
| 31 | Canoe flows down the river           | > | Sung Suie Tuie Joe      |
| 32 | Parting the curtain                  | > | Teow Leong Ju           |
| 33 | Left side, right side (cartwheel)    | > | Jao You Cher            |
| 34 | Point to small star                  | > | Shoia Quay Den          |
| 35 | Shooting star (goes after moon)      | > | Noie Sheng Kung Yieu    |
| 36 | Pheasant bows three times            | > | Fong Fung Sung Tieg Tow |
| 37 | Hawk tumbles down                    | > | Yien Ju Fung Jung       |
| 38 | Horse flies in the sky               | > | Tien Ma Shein Kun       |
| 39 | Rhino looks to the moon              | > | Sheii Nienwong Yieu     |
| 40 | Lift thigh twice left and right      | > | Jao Yew Kwa Loung       |
| 41 | White ape offers fruit               | > | Pai Wuang Shein Kun     |
| 42 | Canoe flows down river               | > | Sung Suie Tuie Joe      |
| 43 | In the sea (find the female ghost)   | > | Mie Tsa Tun Lai         |
| 44 | The flower sways left and right      | > | Jao Yiew Laow Leua      |
| 45 | Carry the brother (to the mountain)  | > | Ra Lung Nein Sun        |
| 46 | Dragon king stirs in the water       | > | Oolong Long Tsaow Ju    |
| 47 | Fish jumps over obstacles            | > | Loid Yiew Taow Long Non |
| 48 | Wave the incense to Heaven           | > | Tsaow Tein Yie Ju Sheng |
| 49 | Old man plays the violin             | > | Loao Soy Shei Chin      |
| 50 | Wind blows down palm flower          | > | Fong Saow May Sua       |
| 51 | Compass brings to end                | > | Tsu Nan Tsung           |
| 52 | Sword returns                        | > | Pow Shein Quei Yuang    |